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NEWS
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SHARING.



Sorry, I actually mean the opposite of what I said

Federal industry minister apologizes for hungry-children comment **PAGE 5**

My finances won't miss you, 2013!

Survey says 57 per cent of Canadians felt they were not better off financially than they were a year ago **PAGE 15**



HOW TO BEAT THE HOLIDAY HANGOVER

HEALTH, FITNESS EXPERTS GIVE SEVEN SURVIVAL TIPS FOR THE FESTIVE EXCESS OF THIS TIME OF YEAR **PAGE 19**



THE OLD HEAVE HO-HO-HO

Protesters dressed as Santa are removed from the Port Metro Vancouver offices on Monday after they arrived with bags of coal. Both sides described the incident as "violent." Today is the last day the public can submit comments on the proposal to build coal-export facilities at the Fraser Surrey Docks. Story, page 6. COURTESY RISING TIDES/MURRAY BUSH

Controversial law school gets tentative OK

Trinity Western. Christian university's policy maintains that marriage is between a man and woman

Langley's Trinity Western University is one step closer to opening Canada's first faith-based law school.

On Monday, the Federation of Law Societies of Canada granted preliminary approval to TWU's proposed law program.

The school still requires approval from the B.C. Ministry of Advanced Education before the program can become a reality.

The process hasn't been a smooth one.

The private Christian university has been under im-

mense scrutiny for its plans.

In particular, the school's Community Covenant Agreement — signed by students upon enrolment — has been called discriminatory to homosexuals for its stance against pre- and extra-marital sex and for upholding the view of marriage being only between a man and a woman.

"It's been taken to task a little bit," said TWU president Bob Kuhn, who made no apologies that the school promotes Christian values but added gays are welcome. "We accept all comers, if you will. There's no fear and real concerns from a practical point of view."

The program would be held to the same standards in terms of ethics and subject matter as any accredited law school in the country, Kuhn added.

But critics aren't convinced. Toronto lawyer Clayton

Ruby is willing to launch a constitutional challenge should the school be granted provincial approval.

With limited space, he said, law schools are already difficult for students to get into, forcing aspiring lawyers to "pretend they're straight" by signing TWU's covenant agreement is a violation of their rights.

"The (federation's) decision is unconstitutional," Ruby said. "The door for gay and lesbian lawyers and judges has closed a little bit tighter."

In its decision, the Federation of Law Societies of Canada said its approval committee "had a limited mandate" and that the debate over the covenant agreement fell outside its scope.

The Ministry of Advanced Education offered no timeline for its decision.

MATT KIETLYKA/METRO



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Lillian Bailey thought she had found a new home to buy, but the owner of the trailer park she wanted to move into wouldn't even meet with her. JENNIFER GAUTHIER/METRO

Senior citizen in Surrey alleges age discrimination

Legal issue.

Lillian Bailey, 88, to file human-rights complaint after allegedly being denied tenancy because she's 'too old'

A Surrey senior who lived in a trailer park that lost power for 12 weeks this fall plans to file a human-rights complaint against another trailer park's landlord, who she alleges denied her tenancy on the grounds she is too old.

Lillian Bailey, 88, wanted to move into a trailer in West-

wood Estates at 8254-134th St., but the park's owner, Fred Klein, wouldn't even meet with her, according to local MLA Sue Hammell, who paid him a visit on Bailey's behalf on Dec. 6.

The owners of the Beladean Trailer Park, where Bailey lives, were willing to buy her the home to make up for her terrible ordeal this fall, when she, her son, and several other residents were forced to survive with noisy generators running 24-7.

But when Klein wouldn't answer Bailey's or the realtor's calls, Hammell, who has been a vocal advocate for the Beladean residents, went to see

him in person.

"Fred Klein told me very clearly, numerous times, that she was 88 and he thought she was too old," Hammell told Metro. "He also told me her son was 70 and had health issues, and that he would have to slap on a large maintenance fee because she would be unable to maintain the place, and that he didn't want the extra work."

Hammell's fellow NDP MLA, well-known B.C. civil-rights lawyer David Eby, is helping to write Bailey's complaint. He said he expects it to be filed with the B.C. Human Rights Tribunal either shortly before or after the holidays.

"The law in B.C. is really clear," he said. "When you are offering a service or accommodation to the general public, you can't discriminate on the basis of age or ability ... and so assuming that all the facts alleged are true ... these are all areas (that) are going to get him into trouble with the Human Rights Tribunal."

The trailer Bailey wanted to buy has since been sold to someone else.

She and her grandson are on the lookout for another mobile home Bailey might be able to buy, or possibly an apartment she and her son could move into, but the latter might be difficult given that her son

smokes and she has two rescued cats.

She said that after thinking she had finally found a new home it was a huge surprise to learn she was being denied tenancy at another park because of her age.

"Maybe they should realize that there's certain things that you just don't do, at least not anymore," she said. "Maybe that's been something that they've been used to doing through their business career, and, well, you can't do it anymore."

Klein could not be reached for comment on Monday, nor did he return Metro's calls on Dec. 6. KATE WEBB/METRO

1 NEWS



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Moore apologizes for hungry-child remark

'Insensitive.' Industry minister changes tune from 'out of context' to sorry after full radio clip posted online



KATE WEBB
kate.webb@metronews.ca

Federal Industry Minister James Moore apologized on Monday for making an "insensitive" comment to a reporter last week that child poverty is not Ottawa's problem.

"Is it my job to feed my neighbour's child? I don't think so," he chuckled to a Vancouver News1130 radio reporter, after saying the federal government is not going to "usurp the province's jurisdiction" over addressing child poverty.

At first, the MP for Port Moody-Westwood-Port Coquitlam insisted his comment had been taken out of context and also claimed the quote was inaccurate, but after the radio station posted the full audio clip on its website, he changed his tune.

B.C. has the highest child-

What I meant was...

"Caring for each other is a Canadian ethic that I strongly believe in — always have and always will."

James Moore, federal industry minister and MP for Port Moody-Westwood-Port Coquitlam, in a post on his website

poverty rate in the country, at 18.6 per cent compared to the national rate of 13.3 per cent, according to advocacy group First Call.

Adrienne Montani, B.C. co-

ordinator for First Call, said Moore's apology did not go far enough.

"He has a role as minister of industry to look at what kind of jobs, what kind of industries are getting federal government support and which kind aren't," she said.

"Right now we need two parents to work in most families, so either bring down the cost of living, like child care and housing, or raise wages or make government subsidies better for those who the (job) market serves poorly and are on low wages. There are so many things they could do."



Industry Minister James Moore speaks in the House of Commons in October.
ADRIAN WYLD/THE CANADIAN PRESS FILE



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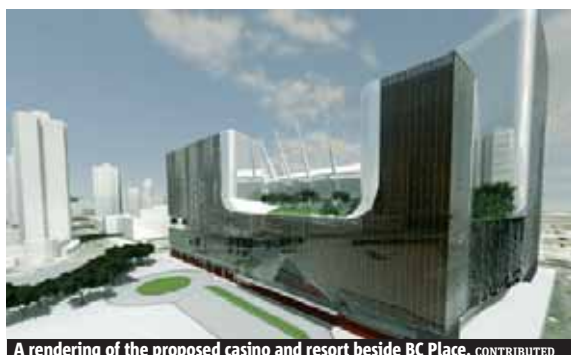
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A rendering of the proposed casino and resort beside BC Place. CONTRIBUTED

Casino relocation wins first approval

The parking lot beside BC Place is one step closer to becoming a flashy new casino and luxury resort.

Despite concerns that moving the existing slots and tables from the Edgewater Casino to a larger space will pave the way for future gambling expansion, Vancouver's development permit board on Monday approved Paragon Gaming's preliminary appli-

cation to build the complex.

Council has capped the number of games allowed at the facility, but one long-time resident said that "you'd have to be born yesterday" to think Paragon won't try to use the extra room for more machines — and more revenue for the province — once a new government is elected.

But the board won't grant final approval until Paragon

New focus

"We heard city council loud and clear. It's not about a gaming facility anymore; it's about a large resort."

Edgewater Casino spokeswoman Tamara Hicks

addresses the problems with

gambling outlined in the recent Provincial Health Officer's report, including the number of ATMs, hours of operation and liquor service, signage on slot machines and a harm-reduction strategy.

Mayor Gregor Robertson also tried to quell concerns, issuing a statement that he will look into more ways to prevent additional gambling.

EMILY JACKSON/METRO

Trans Mountain. Kinder Morgan files application for pipeline expansion

Kinder Morgan Canada filed its long-anticipated application to the National Energy Board on Monday to nearly triple the flow of oil through its Trans Mountain pipeline from Edmonton to the B.C. coast.

The \$5.4-billion project could result in a seven-fold increase in tanker traffic in the waters surrounding Vancouver.

The proposal is expected to face the same opposition that threatens to stopper the competing Northern Gateway pipeline through northern B.C., but Kinder Morgan president Ian Anderson said the company spent months talking to the public and First Nations to address concerns.

"I think that in the category of lessons learned, one of the things that we pursued from the beginning and, in fact, increased over the course of

the last year and a half is the amount of outreach and local involvement and conversations," Anderson said.

"We've watched with interest the issues that have been faced by other proposed projects and tried to learn from them and incorporate our understanding of them."

Anderson said one thing Texas-based Kinder Morgan has learned is the critical role of First Nations consultation. He said the company has 46 letters of understanding among about 100 aboriginal communities and groups in Alberta and B.C.

Those letters are not final support but do mean the parties are talking. One band — the Paul Band First Nation west of Edmonton — announced support for the project last week. **THE CANADIAN PRESS**

Judge's ruling. Jailed moms have right to serve time with their babies

British Columbia's government violated the rights of incarcerated mothers when it cancelled a program allowing inmates to serve time with their babies, a B.C. Supreme Court judge has ruled.

The lawsuit was launched in 2008 by two former inmates of the Alouette Correctional Centre for Women in Maple Ridge, B.C., after a prison official cancelled the program because infants were not within the mandate of the correctional service.

Justice Carol Ross ruled Monday the decision violated the mothers' equality rights and security of person and

liberty, contrary to the principles of fundamental justice under the charter of rights.

"The decision to cancel the Mother Baby Program removed one important option, the one presumed at law to be favourable, from the process of determining the best interests of the child," said Ross.

"As a result, infants have been and will be separated from their mothers during the critical formative period of their life, interfering with their attachment to their mother, and depriving them of the physical and psychological benefits of breastfeeding." **THE CANADIAN PRESS**

City hall

Man injured during arrest

The Independent Investigations Office has taken over a Vancouver case after a 64-year-old man was taken to hospital for injuries sustained in an arrest.

Police were called to city hall at 3:45 p.m. on Saturday after reports of an assault on a security guard.

Officers arrested the suspect, a 64-year-old Vancouver man, but later had to take him to hospital to treat injuries. **METRO**

Langley

Speedy suspect can't manage to outrun the law

A suspected shoplifter couldn't hide — but he sure could run — following an incident in Langley.

RCMP in the Vancouver suburb say the suspect jumped several ditches and at least four fences before he was arrested.

Robert Duncan, 24, will appear in Surrey provincial court to face charges. **THE CANADIAN PRESS**



Protesters dressed as Santa in a confrontation with Port Metro Vancouver officials. COURTESY MURRAY BUSH/RISING TIDES

Protesting Santas get their Claus out

'Violent' incident. Not-so-jolly St. Nicks drop lumps of anti-coal messages into the stockings of Port Metro Vancouver employees



EMILY JACKSON
emily.jackson@metronews.ca

Six protesters dressed in Santa suits delivered an anti-coal message to Port Metro Vancouver Monday in an incident both

parties described as "violent."

Police were called when the Rising Tide activists snuck into the port's downtown offices carrying bags of coal and shouting messages condemning a proposal to build coal-export facilities at the Fraser Surrey Docks, group spokeswoman Chandra Tung said.

The port's response was "disproportionately violent" and Santas were "tossed around," Tung said, adding the response shows the port wants to suppress opposition.

But the port alleges the protesters, carrying bags containing an "unknown sub-

stance," attempted to access a restricted area, physically assaulted employees and damaged property during the "aggressive act."

"It was an illegal trespass into our office," said Peter Zotta, vice-president of planning and operations. "Our staff were in every measure trying to be reasonable and these folks were insisting on bowling over them."

The port supports discussion about coal exports, which is an emotional issue, but Zotta said the protesters went too far.

The office floors and a door were damaged when coal

was kicked at it and stomped on, port spokesman Marko Dekovic said in an email.

Employees deserve a safe workplace, Dekovic said.

"You don't go to work and expect to be pushed, shoved and abused by lawbreaking trespassers," he said.

Tung says it is "absolutely false" that the protesters assaulted the staff or damaged property. No one has been charged, she added. The stunt was intended to raise awareness that Tuesday is the last day the public can submit comments on the Fraser Surrey Docks proposal.

Study: Action needed to curb HIV in prisons

Needle-exchange programs and increased access to HIV treatment are essential to curb infection rates among Canadian prisoners, says the lead author of a new study calling for immediate action.

Dr. M-J Milloy of the B.C. Centre for Excellence in HIV/AIDS said other jurisdictions, including some U.S. states, have reduced HIV rates among inmates and protect-

ed public health in the communities they return to upon release.

"We are really in favour of collaborating with the prison system to try and find better ways to deliver harm reduction — whether that's supervised injection, a needle exchange, improved access to methadone," Milloy said Monday.

"We think scientifically

there's a good argument for these sorts of things and what happens next, I think, is a political question and a question that should best be answered by the people who are in charge of our prison system."

The study, published in the journal *BioMedical Central Infectious Diseases*, was conducted between May 1996 and March 2012 involving

interviews with 657 inmates who were HIV positive and used injection drugs. Milloy said it found that HIV could be detected in a prisoner's bloodstream 83 per cent of the time.

But when those same people were not behind bars, the study found the infection rate fell to 62 per cent because they received treatment. **THE CANADIAN PRESS**

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Spring thaw. Nenshi says Calgarians are mentally ready for next high water

Calgary's physical defences against flooding will be only marginally better by next spring, but Mayor Naheed Nenshi believes the city is psychologically prepared to deal with another major high-water event, should one occur in 2014.

"Of course, if we had another incident like this, it would be psychologically devastating, but I think we've built up human resilience in addition to physical resilience," Nenshi told Metro in an interview.

"One thing I didn't talk about much during the flooding — but was always just below the surface of the work that I was doing — was the mental and emotional well-being of people," the mayor added. "One of the reasons I pushed so hard to encourage people to volunteer and to help out neighbours and strangers wasn't just to get the basements cleaned up more

Calgary's psyche

"We've built up human resilience."

Naheed Nenshi, Calgary mayor, speaking of Calgarians' strength after spring floods

quickly. It was actually so that people who, in the worst period of their lives, when they were feeling so beaten down, would know they live in a community where others care about them."

City manager Owen Tobert noted, however, that the city still has lots of post-flood work to do on projects like riverbank reinforcements and resources are limited.

"We're looking at a profound amount of resilience that needs to be done, and well, the clock is ticking and we're running out of time," he said. "But were doing the best we can."

ROBSON FLETCHER/METRO IN CALGARY



Calgary Mayor Naheed Nenshi addresses media during the flooding crisis in June. METRO FILE

Fighter jets escorting Santa's sleigh 'a lot of fun': Norad

Controversy.

Critics say video with warplanes flanking the jolly old man's sleigh militarizes Christmas

The U.S. and Canadian military will entertain millions of kids again this Christmas Eve with second-by-second updates on Santa's global whereabouts. But there's something new this year: public criticism.

A children's advocacy group says an animated video on the Norad Tracks Santa website injects militarism into Christmas by showing fighter jets escorting Santa's sleigh. It's a rare swipe at the popular program, which last year attracted a record 22.3 million unique visitors from around the world to its website.

The North American Aerospace Defence Command defends the video as non-threatening and safe for kids.

The kerfuffle erupted two weeks ago over a 39-second video on noradsanta.org called "Norad Tracks Santa Trailer Video 2013."

A five-second segment of the video — which is also on YouTube — shows two fighter jets flanking Santa.

The Boston-based Campaign for a Commercial Free Childhood said the video brings violence and militarism to a beloved tradition. Others had similar criticism. Blogs and Twitter lit up with volleys from both sides.

Josh Golin, the coalition's associate director, reiterated his criticism in an interview with The Associated Press, but he called the brouhaha "a media-manufactured contro-



Volunteers take phone calls from children asking of Santa's whereabouts during the 2012 Norad Tracks Santa Operation, at Peterson Air Force Base, in Colorado Springs, Colo. A Norad video showing fighter jets escorting Santa's sleigh is drawing critics who say it injects militarism into Christmas. BRENNAN LINSLEY/THE ASSOCIATED PRESS FILE

versy." The coalition hadn't known about the fighter jet video until reporters called, he said.

"Nobody in my organization was out there protesting," he said.

U.S. Navy Capt. Jeff Davis, a Norad spokesman, said he understands the critics' point of view but disagrees.

"We really do feel strongly that it's something that is safe and non-threatening, and not something that would negatively impact children," he said. "In fact, we think that it's a lot of fun."

Davis said the fighter escort is nothing new. Norad began depicting jets accompanying Santa and his reindeer in the 1960s, he said.

And he insisted the fighters in the video are unarmed: They're Canadian Air Force

CF-18s, with a large external fuel tank under the belly that might look like a bomb. The wing racks that would carry bombs or missiles are empty, he explained.

The flap has driven lots of viewers to the video — nearly 265,000 on YouTube by midday Monday.

"That's way off the charts for any other videos we've done before," Davis said.

A second video on norad.santa.org and on YouTube titled Norad Tracks Santa Command Video 2013, has drawn nearly 122,000 views. It's a longer, fast-paced mix of animation and real-life footage billed as a test flight for Santa, who gets the military tag Big Red One.

"This is very much a fun and safe and non-violent site that children of all ages can visit," Davis said. "Parents can

be confident their children will walk away (and) have had fun and potentially have learned something, too."

Norad is a U.S.-Canadian operation based at Peterson Air Force Base in Colorado Springs, Colo. It's charged with defending the skies over both nations and monitoring sea approaches.

The Santa program began in 1955 when a typo in a local newspaper advertisement had children calling the hotline of Norad's predecessor, asking to talk to Santa.

It's now a Christmas tradition that thrills millions of kids and parents. Last year, global monitoring of Santa's voyage logged 114,000 phone calls to Norad, 1.2 million Facebook followers and 129,000 Twitter followers.

THE ASSOCIATED PRESS

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Philippines. Canada's rapid relief team packing up

Canada's disaster-relief effort in the Philippines is winding up, with the military hoping to get most of its people home for Christmas.

The announcement Monday signals the end of a successful, politically safe mission that one defence observer says could be repeated for other humanitarian crises in the run-up to the next federal election in 2015.

The Disaster Assistance Response Team, deployed in the wake of Typhoon Haiyan, has done its work and is preparing to leave the island nation.

"Today the situation in the Philippines has stabilized, with efforts now firmly focused on the way ahead, on recovery and reconstruction," Neil Reeder, Canada's ambassador-designate to the Philippines, said Monday.

"The need for the capabilities offered by the DART has passed."

Col. Steve Kelsey, of Canadian Joint Operations Command, said the aim is to get many of the 315 deployed military personnel home for the holidays.

"We've got a lot of smart folks working very hard to

get the bulk of folks home for Christmas," he said.

He added he is "cautious about using a date, because we don't want to create expectation for the families."

The Philippines government says the immediate relief efforts are finished and that it can work on long-term needs with its own resources.

After the typhoon traced a path of destruction across the islands, Canada sent military personnel to the northern part of the island of Panay.

Engineers cleared debris,

opened roads and restored electrical power, Kelsey said.

A military water-purification system provided almost 500,000 litres of drinking water. Medical teams treated 6,500 patients and help set up aid centres. The military sent Griffon helicopters to reach isolated communities.

The whole effort was supported by an air bridge to Canada supported by giant C-17 transport planes. The initial reconnaissance team hit the ground on Nov. 10, with other personnel and supplies arriving in subsequent waves. THE CANADIAN PRESS



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Friends say fake signer was part of murder mob

Bogus interpreter. He was seen as 'not mentally fit to stand trial' in 2003 killings, according to friends

The bogus sign language interpreter at last week's Nelson Mandela memorial service was among a group of people who accosted two men found with a stolen television and burned them to death by setting fire to tires placed around their necks, one of the interpreter's cousins and three of his friends said Monday.

But Thamsanqa Jantjie never went to trial for the 2003 killings when other suspects did in 2006 because authorities determined he was not mentally fit to stand trial, said the four. They insisted on speaking anonymously because of the sensitivity of the fake signing fiasco, which has deeply embarrassed South Africa's government and prompted a high-



Thamsanqa Jantjie, the bogus sign language interpreter. ITUMELENG ENGLISH/ THE ASSOCIATED PRESS FILE

level investigation into how it happened.

Their account of the killings matched a description of the crime and the outcome for Jantjie that he himself described in an interview published on Sunday by the Sunday Times newspaper of Johannesburg.

"It was a community thing, what you call mob justice, and I was also there," Jantjie told the newspaper.

Jantjie was not at his house Monday, and the cousin told The Associated Press Jantjie had been picked up by someone in a car Sunday and had not returned. His cellphone rang through to an automatic message saying Jantjie was not reachable.

Instead of standing trial, Jantjie was institutionalized for a period of longer than a year, the four said, and then returned to live in his poor township neighbourhood on the outskirts of Soweto. At some point after that, they said, he started getting jobs doing sign language interpretation at events for the governing African National Congress Party.

Jantjie told The Associated Press last week he has schizophrenia and hallucinated, seeing angels while gesturing incoherently just three feet away from U.S. President Barack Obama and other world leaders during the Tuesday ceremony at a Soweto stadium. Signing experts said his arm and hand movements were mere gibberish. **THE ASSOCIATED PRESS**



Record appeal for Syrian aid

A Syrian man cries while holding the body of a child killed Sunday following a Syrian government airstrike in Aleppo, Syria. The exodus of millions of people from Syria prompted a record appeal by the UN on Monday for \$6.5 billion to help the displaced. ALEPPO MEDIA CENTER/THE ASSOCIATED PRESS

U.S. security

Gitmo prisoners transferred

Two Guantanamo Bay prisoners have been transferred to Saudi Arabia as part of a renewed effort to close the offshore U.S. prison.

U.S. officials say the two Saudis have been transferred to the custody of their own government after a security review.

Neither man had been charged with a crime.

THE ASSOCIATED PRESS

France

Lab meat sold for eats

Meat from horses used in laboratory procedures was illegally sold as fit for human consumption and landed on French dinner tables, authorities said Monday.

The complex case raised new concerns about how France, with its rich culinary renown, polices its food supply.

THE ASSOCIATED PRESS

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Beauty queen shut out of ceremony

Japan. Last year's Miss International files criminal complaint against agency exec over alleged extortion

A Japanese beauty queen won't be handing over her crown to her successor after she refused to sign with a major talent agency.

Ikumi Yoshimatsu, winner of last year's Miss International contest, has filed a criminal complaint against a top agency executive alleging obstruction of business, stalking, intimidation and extortion.

She says he threatened her life after she formed her own management agency rather than use his.

The teary-eyed beauty queen told reporters on Monday the executive had threatened sponsors and shareholders,



Miss International 2012 Ikumi Yoshimatsu addresses a news conference in Tokyo on Monday. SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

ers, and she was barred from Tuesday's ceremony in Tokyo.

The executive, Genichi Taniguchi, denied doing anything to Yoshimatsu and said he holds no grudges against her.

The organizers confirmed they won't allow her to appear because they don't want media coverage of the controversy to overshadow the event. **THE ASSOCIATED PRESS**

Trial. Knox's solicitation of donations for victim an 'unbearable contradiction'

A lawyer urged an Italian appeals court on Monday to convict Amanda Knox of murdering British student Meredith Kercher and denounced as "unbearable" that the American was soliciting donations in Kercher's memory.

Francesco Maresca, in his closing arguments on behalf of the Kercher family in the third trial of Knox and co-defendant Raffaele Sollecito, urged the eight lay jurors on the panel of 10 to disregard publicity over the case as well as Knox's own statements, including her criticism of Italy's judicial system.

"She has become a well-known person. You know she signed contracts for millions of dollars for her book. She has someone who takes care of her public relations. She has a personal website where she invites people to collect donations in the memory of the victim, Meredith Kercher, which is an unbearable contradiction for the family," Maresca said.

Knox is soliciting donations on her website for her defence



Amanda Knox
THE ASSOCIATED PRESS FILE

as well as an unspecified project in Kercher's memory.

Knox's lawyer, Carlo Dalla Vedova, said after the hearing that she was doing so out of the friendship she felt for Kercher, and that the criticism of her actions was irrelevant to the case.

Kercher, 21, was brutally murdered in November 2007 in the apartment she shared with Knox in the university town of Perugia. She had been raped and her throat slashed.

THE ASSOCIATED PRESS

Britain

Police to charge two people over offensive tweets

British police will charge two people over offensive tweets sent to a feminist activist, an online onslaught that pushed Twitter to revamp its abuse reporting. Prosecutors said 23-year-old Isabella Sorley and 25-year-old John Nimmo would be charged with "improper use of a communications network." **THE ASSOCIATED PRESS**

Same-sex marriage

Methodist pastor defies church's Book of Discipline

A United Methodist minister in the U.S. plans to defy a church order to surrender his credentials for performing a same-sex wedding. Rev. Frank Schaefer said he cannot uphold the church's Book of Discipline because he finds it discriminatory.

THE ASSOCIATED PRESS



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Canadians did not feel flush with cash this year. SEAN KILPATRICK/THE CANADIAN PRESS

Majority felt cash-strapped in 2013: Study

Haves and have-nots.

Albertans were most likely to feel better off, while Quebecers were feeling the squeeze

Sun Life Financial says 2013 wasn't a great year financially for most Canadians.

An Ipsos Reid survey conducted in November for Sun Life found that, overall, 57 per cent of Canadians felt they were not any better off financially than they were a year ago.

Those feelings were even stronger among women and those aged 55 and older, with 61 per cent of both groups saying their financial position had

not improved year over year.

On the flip side, 38 per cent of those surveyed did say their finances had improved compared with a year ago.

Albertans were most likely to say they felt better off, at 47 per cent, followed by those in Saskatchewan and Manitoba, at 45 per cent, and Atlantic Canadians at 43 per cent.

Quebecers were least likely, with 63 per cent saying their financial position was no better than a year ago.

"It's concerning that a majority of Canadians aren't feeling better off financially than they were last year as we head into a holiday season where we tend to spend more and save less," Sun Life president Kevin Dougherty said of the results.

THE CANADIAN PRESS

Calls on makers

FDA wants proof anti-bacterial soaps are safe, effective

After more than 40 years of study, the U.S. government says it has found no evidence that common anti-bacterial soaps prevent the spread of germs, and regulators want the makers of Dawn, Dial and other household staples to prove that their products do not pose health risks to consumers.

Scientists at the Food and Drug Administration announced Monday they are revisiting the safety of triclosan, the sanitizing agent found in soap in countless kitchens and bathrooms. Recent studies suggest triclosan and similar substances can interfere with hormone levels in lab animals and spur the growth of drug-resistant bacteria. THE ASSOCIATED PRESS

Market Minute

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FACEBOOK BUTTONS WE WOULD 'LIKE'

What's not to like about Facebook? Plenty of things.

For years, users have been clicking the thumbs up icon to show their approval on everything from vacation photos to music videos to engagement announcements. But what happens when we come across those news feed items that aren't so likeable?

Facebook engineer Dan Muriello recently announced that the global social media site is experimenting with a new "sympathize" button to provide an alternative option to the iconic 'like.' I can think of a number of appropriate occasions to use this new option, especially for melancholy posts about breakups, deaths or other personal tragedies. The "sympathize" button would also work well when used to express a comical "I've been there man" on a status update about an epic hangover.

It may be some time before this new feature pops up on



SHE SAYS

Jessica Napier

metronews.ca

our screens, but in the meantime I'd like to propose some additional new tools that those software engineers might want to consider. Here are my top five most-wanted Facebook buttons:

The 'dislike' button. Realistically, the much-discussed 'dislike' button will never actually appear on the social networking site, but it's nice to dream. I know the potential for cyber bullying would be atrocious — but I'd love to have the option to give an enthusiastic thumbs down to yet another Rob Ford video.

The 'seriously' button. This button would be reserved for all those racist and homophobic outbursts or generally ignorant remarks that make you cringe and wonder how you are even possibly friends with this individual. Also appropriate to use on any overtly suggestive bathing suit photos and lengthy status updates full of hashtags.

The 'OMG, if I see another picture of this baby, I'm going to

lose my mind' button. OK this one is pretty self-explanatory. Lately my news feed looks like a never-ending photo stream of offspring and it needs to stop. One or two snapshots of your newborn are lovely; posting a fresh 50-photo album every time the little tyke masters a new facial expression is completely gratuitous.

The 'nobody cares' button. A special feature designed for those users who don't seem to understand that over sharing the daily minutia of your mundane life isn't appropriate on Facebook (that's what Twitter is for). I'm looking at you, people who post multiple status updates whining about their flu symptoms in excruciating detail.

The 'vomit face' button. Sometimes nothing can encapsulate your feeling of total disgust like a putrid green, "I'm about to vomit," emoticon. This icon would be best suited for obnoxious humble brags, cheesy couple selfies, overly emotional song lyrics and anything to do with Rob-in Thicke. Bleugh.

Follow Jessica Napier on
Twitter @MetroSheSays



ZOOM

The really old game of cat and mouse



THE ASSOCIATED PRESS FILE

Domestication process verified

A cat-and-mouse game played out in a Chinese village some 5,300 years ago is helping scientists understand how wild felines transformed into the tame pets we know today.

In fact, it was the cat's appetite that started it down the path to domestication, scientists believe. The grain stored by ancient farmers was

a magnet for rodents. And that drew wild cats into villages to hunt the little critters. Over time, wild cats adapted to village life and became tamer around their human hosts.

That's the leading theory, anyway, for how wild cats long ago were transformed and became ancestors of today's house cats. That happened in the Middle East, rather than China. But bones from the Chinese village back

up the idea that felines took on the pest-control job in ancient times, says researcher Fiona Marshall of Washington University in St. Louis.

The study, focused on an agricultural village in northern China, comes from a poorly understood time in the history of cats. The first evidence of domesticated cats comes much later, in Egyptian artwork from about 4,000 years ago.

THE ASSOCIATED PRESS

5,300 years ago in China

- It's not yet clear whether the cats were from a local wild population, or were already domesticated and had been brought in from elsewhere. Either way, it shows that ancient cats filled the niche at the heart of the hypothesis about how domestication began.

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

According to a study released by Netflix, you are indeed not the only person who spent an entire weekend watching *Breaking Bad*. In fact, more than 60 per cent of subscribers are binge-watchers, to the tune of 2.3 episodes per sitting. Here are some shows that will allow you to continue the habit — at least until *Better Call Saul* arrives.

Twin Peaks:

It seems a little silly to recommend a pop culture staple, but everybody knows someone who has been affected by having never watched the immortal cult classic about a supernatural murder mystery in a rugged town inhabited by a surplus of unsavoury weirdos. Decide for yourselves if you want to add the movie to your experience.

Terriers:

A short-lived but much-missed buddy-cop series that sadly managed to squeak out one season before collapsing under the weight of dismal ratings. Whether poor marketing or a too-crowded market is to blame

for a premature demise, Terriers deserved better. Thankfully, the single-season arc ends about as perfectly as one could hope.

Justified:

Since *Deadwood*, Timothy Olyphant has nailed the swaggering, handsome lawman shtick. That shtick is honed to a knife's edge as he plays Raylan Givens, a U.S. marshal rustling up ne'er-do-wells in his childhood stomping grounds of rural Kentucky. Justified tends to be overshadowed by prestige "Golden Age" shows, but reliably clever writing usually makes it far more entertaining than most hours of *Mad Men*.



CONTRIBUTED

Twitter

@metropicks asked: Finance Minister Jim Flaherty says there's no plan to enrich CPP. Do you have a retirement plan?

@MiztressTia: Retirement plan? Of course, to die in the hardware aisle while working at Walmart at the age 98!!

@Gmc_gord: 15% buy gold, 10% lot-to-max, 5% my kids become wealthy,

70% work damn hard and live within my means (tho I can't resist #Amazon)

@ShonaLiz: Death.

@dan_giannini: Yah save more than you spend. Put it in something that will grow over time. Keep doing it believe me it works!

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WE WANT TO HEAR FROM YOU: Send us your comments: vancouverletters@metronews.ca

Hating on bad history? Reign stars don't mind

McQueen for a queen.

Cast of much-critiqued show argue they're just making a teenage drama — plus they get to wear haute couture, so there

MICHELLE
CASTILLO

Metro World News

The stars of *Reign* have heard all the criticisms about the historical inaccuracies the show — and that is completely fine with them.

"Anybody's certainly welcome to do the historically accurate take on it, but that quite frankly isn't our show.... There's been a lot of criticism about that, but at the end of the day we're making a bit of a fantasy," Torrance Coombs, who plays the role of Sebastian, explained.

"We're making a teenage drama," Adelaide Kane, who plays Mary, Queen of Scots, added. Kane admitted that she used to get defensive when people spoke out against the show, but decided to stop reading all the hate. She's having more fun working with the cast and crew, wearing extravagant clothing and portraying one of the most notorious nobles that has ever existed.

Kane only knew the basics about Mary, Queen of Scots, before signing on to *Reign*. She had been auditioning for different shows for the CW network when she heard about the show. After submitting a video diary explaining who she was and channelling her father's Glaswegian accent, the producers selected her to play the



Adelaide Kane plays Mary, Queen of Scots, on *Reign*. CONTRIBUTED

main role before the audition process even started.

Her co-star Coombs knew very little about the legend as well, but he had some experience playing nobility from his role of Thomas Culpepper on *The Tudors*. He admitted that arriving on set felt like a "homecoming" of sorts, until he noticed the differences in characters and mood of the show — and a notable lack of nudity.

He said *Reign*'s elaborate costumes helped transform the 21st century actors into 16th century royalty. Costume designer Meredith Markworth-Pollack, whose past credits in-

clude *Gossip Girl* and *Hart of Dixie*, garbs the actors and actresses in designers like Alexander McQueen and Saint Laurent Paris.

Kane says the corsets can get annoying and needing help to get into her outfits can be a pain. Still, she's enjoying every minute of it.

"I get to wear haute couture that I would never normally wear," Kane said. "Like I'm not going to the Emmys, not a debutante, you know. I don't get to wear casual Alexander McQueen haute couture every day, so that's been amazing. And, you just get to wear leather a lot. Lots of leather."

Quoted

"(At) the end of the day we're making a bit of a fantasy." Torrance Coombs, who plays Sebastian on *Reign*

But, when the cameras stop rolling, Kane slips into her jeans and flats. The actors admit no one has any problems returning to the modern era. Cellphones and coffee cups are hidden just out of view.

"It's pretty hilarious," Kane added. "Yeah, everybody pulls their phones out of their boots or out of their corsets or whatever."

DVD review



Prisoners

Director. Denis Villeneuve

Stars. Jake Gyllenhaal, Hugh Jackman, Terrence Howard, Viola Davis, Paul Dano

The first U.S. feature by Quebec's Denis Villeneuve (*Incendies*) is a superb child kidnap thriller set in suburban Pennsylvania that uncoils with a serpent's stealth — and strikes just as suddenly. There's no way to prepare for what's about to happen to this comfortable neighbourhood, and also to everybody's notion of what's right and what's wrong in desperate circumstances. Hugh Jackman is a frantic dad, prepared to resort to vigilante justice to find his missing six-year-old daughter. Jake Gyllenhaal is a square-jawed cop fighting the clock, legal bureaucracy and rising anger. The two lead a strong cast that also includes Terrence Howard, Viola Davis, Paul Dano and Melissa Leo. A runner-up audience award winner at TIFF 2013, *Prisoners* is a potent commentary on modern life and fears and a triumph for Villeneuve. Extras include cast interviews and making-of featurettes.

PETER HOWELL

2 SCENE

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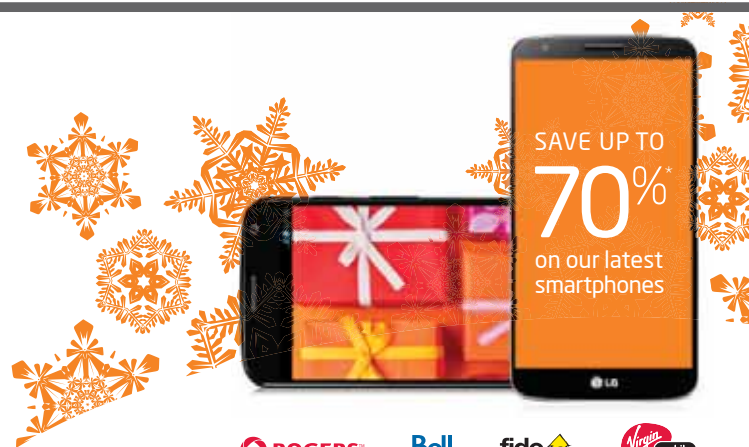
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Prince Harry. ALL PHOTOS GETTY IMAGES

So a smelly prince walks into a bar in Antarctica...

As Prince Harry continues his epic trek in Antarctica, he could really use a drink. But life, he's learning, is full of disappointments. Harry and his hiking buddies — including Dominic West and Alexander Skarsgard — arrived at a bar at McMurdo Station only to be denied service, according to Radar Online.

"They were denied (drinks)," a source says. "Only staff and employees are allowed alcohol and tobacco." It probably didn't help matters that Harry and company weren't at their most presentable. "All three were very smelly and scruffy," the source adds. "They are only allowed two two-minute showers per week."

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Tuesday, December 17, 2013

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

What funny rumours have the stars heard about themselves?

MEREDITH ENGEL

Metro World News in New York City

We were on the red carpet at this year's Jingle Ball concert at Madison Square Garden, where Miley Cyrus, Robin Thicke, Macklemore, Enrique Iglesias and many other stars took the stage. So many big stars in one room means many opportunities for misinformation, so we decided to help the stars out — we had them clear up the silliest rumour they've heard about themselves.

Ryan Seacrest

What is the funniest story you have ever read about yourself?

That I can sing!

You can't sing?

I cannot sing. Just rap.

Snooki

What is the funniest story you have ever read about yourself?

That I dated Drake.



JWoww: How was it?
Snooki: It was great!

Kellan Lutz

What is the funniest story you have ever read about yourself?

I don't know how to read, so I don't know how to answer that question. No, I'm joking.

Dr. Oz

What is the funniest story you have ever read about yourself?

There was an article that I was having an affair with Oprah.

Of all people! What did you think?

It was a crazy idea.

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Hungover, but healthy

ROMINA
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Metro World News

1. Replenish lost fluids

Alcohol functions as a diuretic, pulling the water out of your body.

"When this happens, you lose a lot of electrolytes (calcium, potassium and magnesium), and that's one of the reasons we feel terrible," says London-based nutritional therapist Gabriela Peacock. "Water gets transported back into your bloodstream much more

quickly if the electrolytes are present. So the best way to rehydrate is to get these back in your system by drinking something containing these, such as coconut water."

7. Scrub away the dirt

"I love sonic cleansing systems, such as the Clarisonic brush, because I really feel they help exfoliate and give the skin great glow," says Jaliman.

"If you don't have a brush, pick a gentle exfoliator, making sure it contains glycerin or ceramides, and spend about two minutes washing your face to get rid of all the grime."

6. Freeze your face

"Always keep gel ice packs in the freezer as this helps take out puffiness from under the eyes after a hard night out," says LA-based dermatologist Dr. Debra Jaliman, author of Skin Rules. "You can also

take an over-the-counter antihistamine like Benadryl or apply an eye cream that contains caffeine (it constricts the blood vessels and decreases the blood flow under the eye) to improve the appearance of dark circles."

2. Eat eggs and avoid a comedown

"Eggs contain high levels of protein and sulphur, two

things that help get the toxins out of the liver," says Peacock. "The high protein content also increases the production of serotonin, a neurotransmitter in the brain that helps elevate our moods. So if you're feeling cranky after a night out, eating an egg helps. They're also a great source of B vitamins (depleted when we drink) that the liver needs in order to break down the ethanol."

3. Purify your insides

"Kale, broccoli, artichoke... these are all fantastic for liver regeneration," Peacock tells us.

Try steaming them and sprinkle with some spices.

"Turmeric and cinnamon stimulate the liver and ginger helps beat nausea."

4. Drink to de-puff

"Alcohol causes bloating, so drink some lemon-and-parsley (an anti-inflammatory) infused water to de-swell. Fill up two bottles of the pre-prepared brew, and keep one by your bed (for when you get home) and one in the fridge (for when you wake up)," Ary Nunez, Rihanna's personal trainer, said.

5. Go for a spin (if you can stand up straight)

If you're feeling queasy, you need to evaluate if you can actually move.

"Sit up straight (in your bed) and cross your legs. Now

close your eyes and spend about 10 minutes breathing through your nose (the most efficient way of circulating oxygen) to figure out how you're feeling," says Nunez. "If you can make it to the gym, go to a one-hour spinning class."



3 TIPS



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1. Preheat oven to 425 F. Light-

Ingredients

8 oz small-shell pasta

Meat Sauce

- 1 tsp vegetable oil
- 2/3 cup finely chopped onion
- 1 1/2 tsp finely chopped garlic
- 8 oz lean ground beef
- 1 cup tomato sauce

Cheese sauce

- 1 1/4 cups canned evaporated 2% milk
- 3/4 cup low-sodium beef stock
- 1/2 tsp Dijon mustard
- 2 tbsp all-purpose flour
- 1/2 cup shredded aged cheddar cheese
- 1/4 cup grated Parmesan cheese (1 oz/30 g)
- 2 tbsp chopped parsley



This recipe serves six. ROSE REISMAN

ly coat a 9- x 13-inch casserole dish with cooking spray.

2. Bring pot of water to boil. Add pasta and cook 10 minutes or until tender but still firm. Drain; place in casserole dish.

3. Meat sauce: Heat vegetable oil in skillet over medium heat. Add onion and garlic and sauté 4 minutes or until softened. Add ground beef and cook, stir-

ring to break up meat, 4 minutes or until no longer pink. Stir in tomato sauce, cover and cook 5 minutes. Set aside.

4. Cheese sauce: Combine milk, stock and mustard in saucepan. Slowly whisk in flour. Place over medium heat and stir until mix begins to boil. Reduce heat to low and simmer, stirring occasionally, 5 minutes or until sauce is slight-

ly thickened. Stir in cheddar cheese and half the Parmesan cheese and stir until melted. Remove from the heat and add to the meat sauce.

5. Pour sauce over the cooked pasta and stir to combine. Sprinkle with remaining Parmesan and bake in the preheated oven for 10 to 15 minutes or until completely heated through. Garnish with parsley.

Dinner. Caesar Squash Pappardelle

1. Bring a large saucepan of salted water to a boil. Add the pasta and cook according to package directions.

2. About 4 minutes before the pasta is done cooking, add the butternut squash. Then 2 min-

utes later, add the zucchini. Cook everything for another 2 minutes. Reserve 1/3 cup of the cooking water, then drain.

3. Transfer the pasta, squash and zucchini to a large bowl. Add the garlic, fish sauce, black

Ingredients

- 1 lb pappardelle pasta
- 1 small butternut squash, peeled, seeded and sliced
- 1 medium zucchini, thinly sliced lengthwise
- 3 cloves garlic, minced
- 2 tbsp fish sauce
- 1 tsp ground black pepper
- 2 tbsp extra-virgin olive oil
- 1 cup shredded Parmesan
- 1/4 cup chopped parsley

pepper, olive oil and reserved cooking liquid. Add the Parmesan cheese and parsley,

tossing the pasta to thoroughly coat everything and melt the cheese. **THE ASSOCIATED PRESS**

Health Solutions

Everybody say, 'goat cheese'



NUTRI-BITES
Theresa Albert
DHN, RNCPT
myfriendinfood.com

Every party needs a cheese platter but it doesn't have to be boring or unhealthy.

Think about a theme that goes for the goat.

Goat's cheese isn't just the soft variety that started showing up on pizza in the '80s. Many varieties are now using goat's milk for its health and flavour benefits.

This dairy is both lower in fat and contains a more easily digestible, naturally homogenized protein.

Some fun ways to bump up your platter are:

- Soak a log of chevre in extra virgin olive

oil, minced garlic and chopped olives. Warm for 10 minutes and serve as spread.

- Place a chunk of feta on a platter, surround with walnuts, sprinkle with cinnamon and drizzle with honey.

- Goat's Brie goes remarkably well with pears and stout beer.

- Aged goat's cheddar is just as yummy as cow's. Think about serving it alongside apple pie.

Goat's cheese provides all of the calcium, phosphorus, riboflavin and vitamin A you want from your cheese but with that little extra zip.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



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Prepare for the pitfalls before spreading your snowbird wings

JOLT act. If it passes in Congress, more Canucks swapping snow for sun will face income and real estate tax bills, and more



YOUR MONEY
Alison Griffiths
money@metronews.ca

I've been a (working) snowbird in Florida for five years and love it. My husband and I feel very fortunate. But, like everything else, there's a learning curve.

Aside from learning how to live in two countries, there are tax and real estate considerations. This is especially true since the Jobs Originated through Launching Travel (JOLT) Act was proposed in the spring. Among other things, the act would extend the time Canadians

buying homes for \$500,000 or more can be in the U.S. without a visa from the current 182 days to 240.

The JOLT Act didn't make it through Congress this fall, but it's likely to pass on reintroduction if pressure to reduce the real estate benchmark and make tax changes is successful.

It will be great to have the flexibility. However, it could mean that more snowbirds are subject to U.S. income and estate tax because they will be deemed U.S. residents.

The formula for determining U.S. residency is a bit complex but essentially amounts to an average of 120 days annually over three years. That means some snowbirds are already considered U.S. residents but don't know it. The whole point of JOLT is to benefit the \$130-billion US travel industry. So I suspect that tax changes will be included when the act is eventually passed, otherwise Canadian snowbirds will steer clear of Uncle Sam by keeping their winter sojourns shorter.

And one more thing...

• **Health care.** Another important issue for snowbirds is health care. Provincial health plans don't cover you if you're out of the country more than six months and you may have to re-establish residency in order to qualify again.

track not only when you enter the U.S., but also your departure. The other issue for snowbirds owning a U.S. home is that if the Canadian owner or a joint owner dies, the U.S. property may be subject to estate tax, but only if you're wealthy.

Also, there may be Canadian tax on capital gains to be paid for a second home in the U.S. or tax on rental income. Canadians who bought property at bargain prices between 2008 and 2012 could make substantial gains if the market eventually moves back to more normal levels and if the loonie continues to slide.

Enjoying the snowbird life isn't as simple as it was years ago. But if you take your time, follow all regulations to the letter, use a U.S.-based lawyer for real estate transactions and keep on top of developments through organizations such as the Canadian Snowbird Association you'll find, as I do, that the winter-less life is really quite fine.

In the meantime, anyone who spends an extended period of time in the U.S. and is not working or studying should file Form 8840, Closer Connection Exemption Statement for Aliens. Essentially, it's a declaration of Canadian residency.

Snowbirds should also maintain a log of when they cross the border and keep on hand copies of credit card statements, income tax assessments and property taxes, just in case there is a question about where you are a permanent resident.

Don't try to cheat! Next summer a new system will

Only fools rush in ... to an overindulgent Xmas

Alison Sweeney. Host of *The Biggest Loser* is keen to set a good example for her kids by having a healthy, disciplined holiday

MAJA LUNDAGER PEDERSEN
Metro World News in NYC

We recently sat down with Alison Sweeney, host of

The Biggest Loser and the new leader of California Almonds' team of lifestyle experts, for a talk about health and holidays.

During our chat, one thing became clear: No Christmas miracle will save your weight.

Whereas many resort to telling themselves that during the holidays calories don't count, Sweeney doesn't buy into that theory — and it shows in her food choices and the way she

raises her children.

"Getting carried away and looking at it like 'Oh, I'll figure it out later,' is not a good idea," she tells us. Her go-to snack at holiday parties is vegetables — just that. She wants to set a good example for her kids, she says.

"I have an 8-year-old and a 4-year-old and I want to instill in them healthy nutritional values. I want them to be used to making healthy choices them-

selves," Sweeney, who is also author of *The Star Attraction* and *The Mommy Diet*, says.

But that doesn't mean cutting out fun, period. "I don't want them to feel like they can never have something indulgent, but (I want them to) also know how to control their portions."

She doesn't understand why people would ever lie to themselves about what is healthy and what is not.

"You need to arm yourself with the information. If you want to eat (whatever you feel like eating), go for it, but go in knowing what you are really eating and how many calories are really in it."

"Don't let them fool you, don't fool yourself. Be honest with yourself about what you put in your body and maybe you will make better choices. At least you will make educated ones."



Alison Sweeney . GETTY IMAGE



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Carl Robinson was announced as the new head coach of the Whitecaps on Monday. JONATHAN HAYWARD/THE CANADIAN PRESS

A 'natural progression'

MLS. Carl Robinson hired as Whitecaps' new coach but has tough decisions ahead



CAM TUCKER
cam.tucker@metronews.ca

Carl Robinson is a busy man, and time isn't on his side.

The Vancouver Whitecaps officially named Robinson as the club's new head coach at a press conference Monday morning — less than six weeks before the opening of training camp in late January.

The announcement of Robinson's hiring concluded a lengthy process to fill the po-

The players' coach

When the hiring process began, players including Camilo Sanvezzo and Russell Teibert spoke highly of Carl Robinson.

- They raved about his ability to teach, and communicate with players in a positive yet honest manner.

- "What won't change is my honesty towards them, the way I act towards them and my day-to-day dealings with them because I think the respect that I've gained from the players is because I am who I am. And that won't change," Robinson said.

sition left vacant when the club sacked Martin Rennie at the end of the 2013 regular season.

Robinson, an assistant under Rennie the previous two seasons after a playing career that included five years spent between the New York Red Bulls and Toronto FC, called

the appointment a "natural progression" in his career.

The Whitecaps were unable to land the more prized candidates like Bob Bradley, former coach for the U.S. and Egypt national teams, and Jason Kreis, former coach with MLS Cup finalist Real Salt Lake.

"If Bob Bradley doesn't come up then more than likely this would've been done sooner," said Lenarduzzi.

"But for us not to pursue that, I think, would've been wrong on our part."

Lenarduzzi said Robinson's contract is a multi-year deal.

With such little time between now and the opening of camp, the new coach has plenty on his plate, including discussions with Jay DeMerit about a contract extension.

"I will sit down with Jay and he's someone that I'd like to bring back," said Robinson.

He'll also need to fill the void at right back, left when Y.P. Lee officially retired. Robinson also acknowledged that adding more scoring from the midfield is another priority.

CFL

Lions lose backup QB DeMarco in expansion draft

The B.C. Lions lost three players — quarterback Thomas DeMarco, offensive lineman Matt Albright and defensive lineman Andrew Marshall — to the Ottawa Redblacks in Monday's expansion draft.

DeMarco just completed his second season as a backup to B.C.'s franchise player Travis Lulay.

When Lulay suffered a subluxation to his throwing shoulder in the middle of September, DeMarco took over the starting duties for the next six weeks.

DeMarco, who went as the second overall pick in the expansion draft behind former Calgary quarterback Kevin Glenn, completed 103 passes in 191 attempts, for 1,325 yards, 10 touchdowns and eight interceptions.

"It became a function of having two guys that we felt were the best quarterbacks available that were not going to be free agents," Redblacks general manager Marcel Desjardins told CFL.ca. "That's a key component for us."

Albright, taken as the final pick in the second round and the first round of non-import selections in the expansion draft, recently wrapped up his first CFL season with the Lions.

The Lions selected Albright, a product of Saint Mary's, in the fifth round of the 2013 CFL Draft last May.

The Redblacks drafted 24 players over the three rounds. **CAM TUCKER/METRO**

Lucic left fuming after nightclub attacks



Milan Lucic, pictured on Saturday at Rogers Arena, said he was punched twice at a downtown nightclub later that night. DEREK LEUNG/GETTY IMAGES

Boston Bruins forward Milan Lucic says he's "done trying to defend" his hometown of Vancouver after he claims he was punched twice at a nightclub.

"I have no reason left to try and defend my city, and the people of my city," Lucic told reporters in Boston on Monday. "Other than being at Rogers Arena, no one will ever see me in downtown Vancouver ever again."

A video released on the Internet that has since gone viral shows Lucic in an altercation with an unknown person

Quoted

"I was punched in the face on two separate occasions. From this point forward, I'm just exploring to pursue this in a legal manner."

Milan Lucic

in front of Vancouver police. No punches are thrown in the video.

Lucic and the Boston

Bruins were in Vancouver for a game on Saturday. The Canucks won the game 6-2.

Lucic told Boston reporters that the incident took place after the game and he was punched twice — once inside the club and once outside.

Lucic has had problems in his hometown before. Last year, a Serbian Orthodox church in Burnaby connected to Lucic's family was vandalized. Lucic also claims his grandparents have been harassed at Rogers Arena.

THE CANADIAN PRESS

Horoscopes

Aries

March 21 - April 20

There are times when it is right to back down but this isn't one of them. If you find yourself under attack today, stand up and fight back. Don't be intimidated by noise makers.

Taurus

April 21 - May 21

You may feel compelled to accept what is offered but if you are not happy with the terms, speak up or there will be trouble further down the line. You are not being selfish by holding out for more.

Gemini

May 22 - June 21

The full moon in your sign suggests at least one challenge is heading your way and it is important that you face up to it. Don't let anyone bully you.

Cancer

June 22 - July 23

Do others have your best interests at heart? Why leave it to chance? Money matters and business issues are a minefield, so tread carefully and make sure you are not being cheated.

Leo

July 24 - Aug. 23

You may be brave by nature but taking risks is best avoided today, especially on the home front where loved ones are unlikely to see the funny side of your pranks — and even less if they have to come and rescue you.

Virgo

Aug. 24 - Sept. 23

Someone will be aggressive towards you today. What have you done to deserve being treated harshly? Probably nothing but they may see it as getting you back for something you previously did. Let it pass.

Libra

Sept. 24 - Oct. 23

You can be persuasive at times but don't go too far and demand that people change their views. Communication is about the exchange of ideas, not forcing your ideas on those who clearly don't want them.

Scorpio

Oct. 24 - Nov. 22

Someone will give you a hard time today and you are not the sort to back down. However, if you find yourself battling someone in a position of power, don't take it too far.

Sagittarius

Nov. 23 - Dec. 21

If you know what is good for you, keep a low profile over the next 24 hours. A full moon in your opposite sign means you will encounter people who rub you the wrong way. You don't have to interact with them.

Capricorn

Dec. 22 - Jan. 20

Don't waste your time arguing about something that is trivial. If you find yourself losing your temper with someone who refuses to see sense, just turn your back and walk away.

Aquarius

Jan. 21 - Feb. 19

Today's full moon indicates that your differences with a certain person are too strong to pretend they do not exist. If a parting of the ways is necessary so be it. You'll be better off.

Pisces

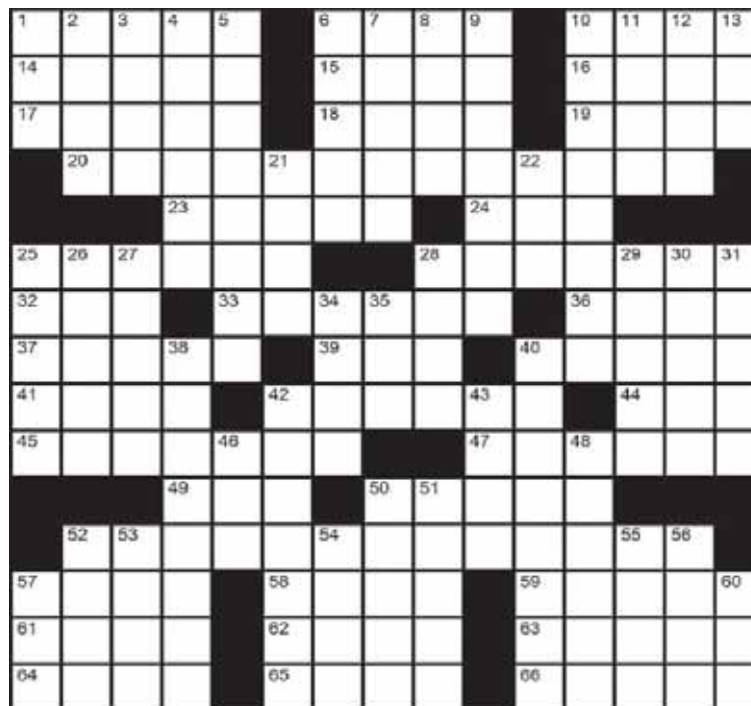
Feb. 20 - March 20

Accidents will happen but that does not mean they have to happen to you. If you look for adventure, you will find it. It may be fun to begin with but later on it will be you who slips and falls. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. "That's great!": 2 wds.
6. Catch
10. Cheerios uniform letters on FOX's "Glee"
14. John ___ (Tractor company)
15. Breadbasket item
16. Prefix to 'tude' (Elevation)
17. Opera highlights
18. Be goofy, ___ fool
19. Canuck coffee spot, to regulars
20. Members of this intergovernmental forum include Canada and Iceland: 2 wds.
23. Without a ___ stand on
24. "What??"
25. "Psst!" from above: 2 wds.
28. Maple Leafs great Doug
32. Society notice word
33. "We Three Kings of ___ Are"
36. Feminizing suffix
37. Paw parts
39. Canuck motorists org.
40. "And now, the ___" - Paul Anka, "My Way"
41. ___ Space Museum of Calgary
42. Jeff __, Animal Planet host
44. Hot season in Hull



45. Surname of the Prime Minister who won the Nobel Peace Prize in 1957
47. ___ (How dishes are often sold)
49. Critical
50. Twin brother of Romulus in Roman mythology
52. Reason for some

- animal extinctions: 3 wds.
57. KISS ballad
58. Shoe parts
59. Stanley of "Julie & Julia" (2009)
61. Not fooled by: 2 wds.
62. Fort __, ON
63. 1911 Edith Wharton novel, __ Frome

64. On
65. Mail
66. ___ evil, hear...

Down

1. Harem room
2. Wife of Zeus
3. Skating great Johnny
4. Prophet

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

11. Nero's 1052
12. WWW code
13. "___boom-bah!"
21. Disney CEO, Bob ___
22. Void, in Paris
25. Open the bottle
26. Point ___ (Canada mainland's most southerly tip)
27. Supremes' "I ___ Symphony"
28. Chew
29. Waves: French
30. Join
31. Adjust anew
34. Picture
35. Hearer
38. North Pole: Santa's ___
40. Master bedroom must-haves
42. Phoenix players
43. Shakespeare's foot?
46. French possessive
48. Shrewd
50. River of Germany
51. Facilitated
52. Temporarily gave
53. Director Mr. Preminger
54. Fairway warning!
55. Be sore
56. Coast-to-coast road, famously
57. Designer gown accessory
60. She gave Odysseus a veil

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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